

Aislinn Medical Spa

Helping Clients Reach Their Dreams

By Charlene Pierce

In Irish, "aislinn" means "dream" or "vision." At Aislinn Medical

Spa in Gretna, you'll find a dedicated staff of medical and aesthetic professionals helping clients realize their dreams of looking and feeling great.

Sales and Marketing Director Jennifer Rohwer loves to talk about the transformation she sees in clients after receiving services at Aislinn. Clients exhibit visible differences after only a few weeks into a customized program, but it's not just about the physical changes, Jennifer says. She loves to see the happiness and confidence they radiate when they feel good about themselves and the changes they are making.

Some of the medical services making a difference in customers' self-confidence are dermal fillers, line relaxers, skin rejuvenation, and Coolsculpting. Coolsculpting is a non-surgical process that uses cold to reduce fat in the treated areas. Skin rejuvenation services include facial peels and microneedling, a process that reaches deeper levels of the skin to regenerate tissue. Dermal fillers add volume to reduce wrinkles, and line relaxer injections stop facial muscles from contracting and creating wrinkles. All of these procedures create quick results and require little to no downtime. For clients who are tussling with the unpleasant symptoms of menopause or andropause, Aislinn provides hormone therapy.

Aislinn's spa services include traditional massages, body wraps, HydraFacials, organic facials, and facial peels. They also offer brow tinting, hair removal and waxing, eyelash extensions, teeth whitening, and microdermabrasion. If you have been wondering if there is a way to repair your skin or something else about your body, Aislinn likely has a solution for you.

Aislinn's new Health and Wellness Program provides long-term weight loss solutions. It is a 12-week program that includes weekly injections of Semaglutide, a diabetes medication recently approved by the FDA for weight loss. Dr. Julie Waddell at Aislinn describes the medication as an appetite suppressant that releases sugar from the liver and stored fat from fat cells. The Mayo Clinic reports side effects that start off as minimal and become almost non-existent after the body adjusts to the medication. The Health and Wellness Program includes physical examinations, laboratory work, a consultation with a certified health coach, and more.

The approach of the team at Aislinn is cohesive and personalized. They meet with you to determine your goals and discuss options for treatment. They make it as easy as possible to get the results you want. A perfect example is the Laser Hair Removal Club, an easy and affordable way to achieve smooth skin anywhere on the body.

Another way Aislinn creates joy for clients is with their customizable party packages. Gather a group of friends and spend the day relaxing, rejuvenating, and having fun. To

schedule a party with Aislinn, let them know how many people will attend and which services the guests are interested in. The Aislinn team will customize a package

that includes something delicious and fun in a private room for your guests—champagne and strawberries, anyone?

Aislinn will customize a party package for any type of celebration, but their new Bridal Beauty Collection packages are a big hit. You can choose from seven different packages in the bridal collection. They range from the Relax and Recharge package (sugar scrub massage, dermaplaning facial, and an injection of B12 and antioxidants) to the grand packages that include Coolsculpting, Juvéderm fillers, and much more.

The team at Aislinn knows how to celebrate their clients. They have four annual events, all large celebrations to thank clients and provide an opportunity for the public to meet the staff. They celebrated their third birthday in February and will have a gala in May with entertainment, a band, and more. Their holiday festivities take place in November, but they have so much fun that they've added "Christmas in July" events to their calendar.

Jennifer attributes Aislinn's success to their joyful environment, personalized service, and small-town values. The spa is involved in the Gretna community, and Jennifer herself serves on the Gretna Chamber of Commerce board. The team pays attention to detail and provides personalized, one-on-one service for each client. This individual attention is essential, since their clients include women and men ranging in age from 13 years to 85. In just three years, the spa has doubled in size and has expanded their provider list to add another massage therapist and an aesthetician.

Aislinn Medical Spa is located at 818 Village Square, near the intersection of Highway 370 and Highway 6 in Gretna. You can find all their services and a profile of each staff member at aislinnmedspa.com. They are happy to answer your questions by phone at 402-397-2300, and they are even happier to help you feel good, inside and out. **WE**



Front Row L-R Sara Greisen, PA-C; Ryann Sykora, Rochelle Nickerson, April Danon, Back Row L-R Julie Waddell, MD; Jamie Richardson, LMT; Becky Mills, LMT; Jennifer Rohwer